

Location, services, hours

Primary Plus Carmel Employee Health Center

99 E. Carmel Drive, Suite 150 | Carmel, IN 46032

Services

Preventive care

- Annual physicals and routine health exams
- Women's health exams (pelvic exams and pap smears)
- Men's health exams (including prostate exams)
- School, sports and CDL physicals
- Preventive screenings (blood pressure, blood sugar, cholesterol)
- Immunizations (seasonal flu, hepatitis B, tetanus boosters)

Immediate and primary care

- Diagnostic screenings (influenza, strep throat, vision, etc.)
- Treatment of minor illnesses and injuries (sore throat, flu, seasonal allergies, stomach pain, sinus infection, eye infection, skin infection, rash, etc.)
- Management of chronic illnesses (diabetes, high blood pressure, COPD, high cholesterol, etc.)

Health coach

- Individual and group health coaching
- Nutrition counseling and wellness education

Other services

- Screening and diagnostic labs as ordered by your doctor
- Medication dispensary
- Refills of prescription medications by mail
- Video visits for some routine medical care

Hours

Monday: 8 am – 5 pm

Tuesday: 8 am – 6 pm

Wednesday: 8 am – 5 pm

Thursday: 1 – 5 pm

Friday: 8 am – 1 pm

Appointments are required. Same-day appointments may be available.

